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**AMHS employees leaving Ketchikan are expected to self-isolate for 14 days**

AMHS Vessel Employees Leaving Ketchikan Shipyard

Based on Department of Health and Social Services Health Alert #9:

[http://dhss.alaska.gov/News/Documents/press/2020/SOA\\_03202020\\_HealthAlert009\\_NonEssentialTravel.pdf](http://dhss.alaska.gov/News/Documents/press/2020/SOA_03202020_HealthAlert009_NonEssentialTravel.pdf)

AMHS employees who are returning to home are requested to self-isolate. The Health Alert specifically states:

"We expect any traveler who leaves a community with known cases of COVID-19 to self-isolate for 14 days upon arrival to their destination community and monitor for symptoms of illness. Following that period, appropriate social distancing should be followed. "

Please follow social distancing requirements and wash your hands frequently as you return home.

Additionally, you are expected to follow any guidance that has been put out by the community you are returning to. Community ordinances and directives can be found at this web site:

<https://ready.alaska.gov/covid19>

The Department of Health and Social Services has a wealth of information on the COVID virus at

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>

Thank you

Captain Falvey